

FINANCIAL WELLNESS

NO JUDGEMENT ZONE

SMART MONEY MOVES: SIMPLE TIPS FOR FINANCIAL WELLNESS!

To improve your financial picture in 2026, make a spending plan that shows how much money you earn and spend each month so you know where your money goes. Build up to saving 10% of every paycheck in a savings account for emergencies or future goals, if you're starting at a lower percentage. Pay yourself first and treat saving as you would any other bill! Look for ways to cut back on unnecessary spending and pay off debts with the highest interest rates first, like credit cards, to save money on interest. If your employer offers a retirement plan, try to contribute enough to get any matching funds...that's free money! Track your progress by reviewing your budget, savings, and goals regularly, to stay motivated and in charge. Start today and take control of your financial future!



Scan the QR code or [click here](#) to explore more articles and financial wellness resources on your personalized, on-demand financial wellness page!

Want More? Check out these additional resources to help YOU!

- Join our Money Smart webinar on Tuesday, June 16th at 6PM – [Click here to register](#)
- Take the Financial Wellness Assessment: [Financial Wellness Assessment](#)
- Not a member yet? That's okay, we make that easy too! [Join Today](#)



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